"Tri" Eau Claire
Run/Row/Ride
Saturday, August 2nd, 2014

The "Tri" Eau Claire Run/Row/Ride is a fun event to raise money for the youth recreation scholarships as well as raising awareness to lead a healthy and active lifestyle. The triathlon follows the shores of the Chippewa River in Eau Claire, WI and is a non-timed event.

Location: UPDATE
Race begins at Newell Playground area (corner of Ferry/Menomonie). Race ends at Hobbs Ice Center parking lot.
915 Menomonie Street Eau Claire, WI 54703.

Event will take place in the following order:

Ride 10 miles: UPDATE
The bike route begins at Newell Playground area (corner of Ferry/Menomonie) and will continue throughout the City of Eau Claire Streets and EC County Roads, finishing at Hobbs Ice Center parking lot.

Run 3 miles:
The run follows the beautiful Chippewa River Trail up to Phoenix Park.

Row (Paddle) 2 miles:
The river route begins at Phoenix Park and ends at the landing behind Hobbs Ice Center.

Event Start Times:
8:00am – Take "day of" registrations
8:30am – Pre race meeting with participants WE WILL MEET AT HOBBS ICE CENTER at 8:30 for short meeting. Then ride leisurely to race start at Newell Playground area (Ferry/Menomonie)
9:00am – Race begins

Divisions:
Solos
Doubles who will canoe/kayak in tandem and then split up to each complete the bike and run separately.
Relay teams
***Kids under 18 must be accompanied by an individual over 18 as a team member and both entrants must complete the run, paddle, bike together.

Pre-Registration:
You must register by July 16th to take advantage of pre-registration pricing.
$20.00 per individual
Please complete the registration form and mail along with check or credit card information to:
Eau Claire Parks & Recreation
915 Menomonie Street
Eau Claire, WI 54703

Registration After July 16th:
$25 per individual

Additional Information:
Equipment will not be provided. Participants may paddle canoes or kayaks. Life jackets and bike helmets are required. Canoes/kayaks will need to be dropped off by participants at Phoenix Park. The course will be marked and rules of the road are to be followed while biking and running.

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Please print, complete, and return this page to pre-register

NAME_____

ADDRESS_____

CITY, STATE, ZIP_____

PHONE(required)_____

EMAIL (required)_____

EMERGENCY CONTACT_____

Free t-shirt guaranteed for first 50 registrants
(size not guaranteed)
Please circle t-shirt size: S M L XL XXL

Pre-registration by July 16th: $20 per participant
After July 16th: $25 per participant

In the event of inclement weather the event could be canceled. There will not be any refunds.

Waiver and Release: I understand that participation in the City of Eau Claire Ride/Run/Row is voluntary and involves an element of risk or danger for participants and may cause serious injury, death, or property loss. I acknowledge these risks and release the City of Eau Claire from any liability for injuries or damages sustained while participating in the activity.

Signature _____Date_____
Parent/Guardian Signature (if under 18)_____Date_____

Payment Information **Total enclosed: $** _____

☐ Cash ☐ Money Order ☐ Check / Check #_____

***Make check payable to**: Eau Claire Parks & Recreation*

☐ VISA ☐ Mastercard ☐ American Express

Card #:_____ExpirationDate:_____ 3-Digit Security #_____

Cardholder Signature:_____