



**FOR IMMEDIATE RELEASE**

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**Join the Community Conversation around Children & Adolescent Mental Health**

**Eau Claire, WI-October 28th, 2016-** Eau Claire Healthy Communities is excited to invite the community to the ***Spotlight on Children & Adolescents Mental Health Summit***. The summit will be held on **Wednesday, Nov. 9<sup>th</sup> from 8:30-4:00pm at the Florian Gardens**. This summit is focused on children's mental health—a concerning issue in our community. Both the 2014-2015 Eau Claire County Community Health Assessment and the 2015 UW-Extension Family Needs Assessment showed that children, individuals, and families are struggling with mental health issues. Additional data also highlights the need to address mental health early and focus on prevention.

- 1 in 6 Eau Claire County 10<sup>th</sup> and 12<sup>th</sup> grade students have considered suicide “sometimes”, “often” or “a lot” (2011-2012).
- In 2014, Eau Claire County's rate of injury hospitalizations for self-inflicted injury for 0-24 year olds is higher than the state rate (151.2 compared to 125.5).
- In 2015, the rate of completed suicides in Eau Claire County was the highest it's been in 55 years. So far in 2016, there have been 18 suicide deaths.

“The Summit gives us the opportunity for many community partners to discuss how we can work together to set our children up for a lifetime of mental wellness,” says Brook Berg, Co-Chair of the Mental Health Action Team. **Register for the summit by Friday, Oct. 28<sup>th</sup> at: <http://tinyurl.com/MHSummit>.**

Additional details can be found at [www.ehealthycommunities.org](http://www.ehealthycommunities.org). Support for the summit was provided by the Jim & Kathy Pinter Mental Health Fund and the Community Fund of the Eau Claire Community Foundation.

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**Spotlight**  
On Children & Adolescents  
*How we can set the stage  
for a lifetime of mental wellness*

**Summit Information**  
Date: November 9th, 2016  
Time: 8:30 am - 4:00 pm  
Registration starts at 8:00 am  
Place: The Florian Gardens  
2340 Lorich Ave, Eau Claire, WI  
Cost: \$25 per person

Register at: <http://tinyurl.com/MHSummit>

Eau Claire  
Healthy Communities  
In partnership with Brook Berg