



FOR IMMEDIATE RELEASE

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Wash Your Hands after Contact with Animals

Eau Claire, WI, July 24th, 2018 –With fair season being under way, Eau Claire City-County Health Department would like to remind everyone the importance of washing your hands after coming in contact with animals. Any time you come in contact with animals or their environment washing your hands can help you stay healthy.

Common times you should wash your hands:

- After touching animals or their living area
- After leaving the animal area
- After taking off clothes or shoes that were worn in areas where animals were present
- After going to the bathroom
- Before preparing food
- Before eating or drinking
- Any other time your hands may have picked up germs



Washing your hands is a quick and effective way to decrease your chance of getting sick.

The five simple steps to proper handwashing are:

- 1) **WET** your hands with clean, running water, turn off the tap, and apply soap.
- 2) **LATHER** your hands by rubbing them together with the soap.
Be sure to lather the backs of your hands, between your fingers, and under your nails.
- 3) **SCRUB** your hands for at least 20 seconds.
- 4) **RINSE** your hands well under clean, running water.
- 5) **DRY** your hands using a clean towel or air dry them.

To find out more about handwashing visit: cdc.gov/handwashing

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