

FOR IMMEDIATE RELEASE

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Sexually Transmitted Diseases continue to increase for the fifth-straight year

Eau Claire, Wis– October 22, 2019 –STD’s (sexually transmitted diseases) continue to rise in Eau Claire County and across the United States. In 2019, Eau Claire County has already seen around 395 chlamydia cases and 122 gonorrhea cases.

“Statistics show that one in two sexually active young people will get an STD by age 25. Most won’t know it because they might not have symptoms,” says Kay Bogumill, Public Health Nurse.

The Centers for Disease Control & Prevention (CDC) believes the rise in STDs may be related to:

- declining use of condoms
- increased screening
- clinic closings because of cuts to state and local sexual health programs



The good news is that you can stop the increase

of STDs! If you’re sexually active, or thinking of becoming sexually active, it’s important that you **Talk, Test, Treat.**

Talk – It’s important to talk openly and honestly to your partner(s) and your doctor about your sexual health and STD’s.

- Talk to your partner about when you were last tested. Suggest getting tested together.
- If you have an STD, tell your partner.
- Discuss how you want to prevent STDs, like using a condom.
- Talk with your doctor about your sex life. This will help them figure out what STDs you should be getting testing for and how often.
- Don’t assume you’ve been tested. (Not all medical checkups include STD testing!)

Test - Getting tested is the only way you know for sure if you have an STD.

- Many STDs don’t cause any symptoms, so you could have one and not know it.
- If you’re having sex, getting tested can protect your health.

Treat- If you test positive for an STD, work with your doctor to get treated.

- Take all the medication your doctor prescribes you, even you’re feeling better.
- Don’t share your medicine with anyone.
- Don’t have sex until both you and your sex partner(s) have completed treatment.

The Family Planning Clinic at the Eau Claire City-County Health Department offers STD testing and treatment at low or no cost to you. The clinic also provides clients with a variety of birth control options and pregnancy testing. Visit fpc.ehealthdepartment.org or call 715-839-6988 to make an appointment. [Click here](#) for more information on how you can **talk, test, and treat.**



Know how to protect yourself and your partner
against STDs.

gettested.cdc.gov

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