



BREASTFEEDING SUPPORT RESOURCE GUIDE

COMMUNITY CONNECTIONS

Breastfeeding Support Group
HSHS Sacred Heart Hospital
900 W. Clairemont Ave.
Room Location Varies
Every Thur. 1-3 p.m.

Nursing Moms Network
Mayo Clinic Health System
1221 Whipple Street
Lower Level Courtyard
Conference Room 2
Every Wed. 9-10:30 a.m.

La Leche League
Peer Lactation Support
Family Resource Center
In Oakwood Mall, EC.
First Monday 6:30 p.m.
Third Monday 9:30 a.m.
Contact information:
Christine 715-514-8283

LOCAL WIC CLINICS

Breastfeeding educators and peer counselors provide breastfeeding education, promotion, and support for mothers using the Women Infant Children (WIC) program. Supplies available based on WIC location and qualification.

Learn more and sign up for WIC at:
<https://wicmomstrong.com/>

Barron County WIC: 715-537-5691

Chippewa County WIC: 715-726-7903

Dunn County WIC: 715-232-2498

Eau Claire County WIC: 715-839-5051

LOCAL HOSPITALS & CLINICS

Marshfield Clinic Health System

Eau Claire: 715-858-4646

Chippewa: 715-723-2131

Rice Lake: 715-236-6176

Mayo Clinic Health System

Eau Claire: 715-838-5437

Chippewa: 715-720-4400

Menomonie: 715-233-7237

Barron: 715-537-2230

Prevea Health Family Medicine

Eau Claire: 715-839-5175

OakLeaf Clinics

Chippewa: 715-930-1785

HSHS

St. Joseph's Birth Center of

Chippewa:

715-717-7421

Women & Infant Services of

Eau Claire:

715-717-4156

Willow Creek Women's Clinic

715-832-9292

ONLINE RESOURCES

Websites:

coffective.com

kellymom.com

lowmilksupply.org

womenshealth.gov/breastfeeding

wicbreastfeeding.fns.usda.gov/

zipmilk.org

Apps:

Baby Feeding Log

Coffective

LactMed

Moms Pump Here

NORTHWESTERN WISCONSIN BREASTFEEDING NETWORK

We are a local group dedicated to promoting and supporting breastfeeding in Northwestern Wisconsin.

We do this through community outreach efforts and by educating others that breastfeeding improves the health of infants, mothers, and families.

Co-Chairs:

Ellen Jacobs: 715-839-2858
ellen.jacobs@co.eau-claire.wi.us

Jennifer Hafele: 715-497-1044
jenniferhafele@gmail.com



For more information :
nwbn.ehealthdepartment.org